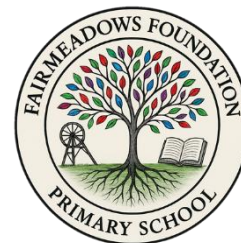


**Dream it. Believe it. Achieve it.**



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**Headteacher: Mr. A. Reeves**

## **PSHE/RSE Policy**

### **1. Policy Rationale and Legal Context**

Fairmeadows Primary School delivers Personal, Social, Health and Economic (PSHE) education, including statutory Relationships and Health Education, in full accordance with the Department for Education statutory guidance updated in 2025 and becoming compulsory from 1 September 2026. This guidance outlines legal requirements under the Education Act 2002, Education Act 1996, and Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, and all schools must have regard to the guidance. This policy has been developed in consultation with parents, staff and governors to ensure it reflects the needs of our school community and meets statutory requirements.

### **2. Aims of PSHE & RSE**

Our PSHE & RSE curriculum aims to equip pupils with the knowledge, skills and attitudes needed to lead safe, healthy, respectful and successful lives. Pupils learn about diverse families, respectful friendships, online safety, correct anatomical vocabulary, emotional wellbeing (including bereavement), and personal safety across contexts such as road, rail, water and fire.

### **3. Curriculum Approach — Kapow Primary**

Fairmeadows uses Kapow Primary's 2026–2027 PSHE & RSE curriculum. Kapow provides a mapped spiral curriculum covering Relationships Education, Health Education, and optional Sex Education. The scheme includes staff CPD, sequenced lesson plans, animated videos for puberty, digital safety units mapped to Education for a Connected World, and inclusive resources representing diverse families and pupil experiences.

### **4. Statutory Content**

The statutory RSHE curriculum includes: Families and people who care for me; caring friendships; respectful relationships; online relationships; being safe; mental wellbeing; physical health; healthy eating; drugs and alcohol education; internet safety and harms; basic first aid; and the changing adolescent body. New requirements from 2026 include strengthened online safety, expanded personal safety teaching (rail, water, fire, road), correct anatomical vocabulary, inclusive family representation, and teaching about bereavement and emotional change. Relationships Education and Health Education are statutory in all primary schools. Sex Education is not statutory in primary schools; however, some elements are included at Fairmeadows to support pupils' understanding of changes during puberty and to prepare them for secondary school.

## **5. Sex Education at Fairmeadows**

Although primary Sex Education is non-statutory, Fairmeadows includes a small Year 6 unit on human reproduction to support transition to secondary school. Parents have the right to request withdrawal from Sex Education lessons (not including statutory puberty teaching). The school will always notify parents in advance and provide lesson outlines. In Year 6, pupils are taught a small unit on human reproduction as part of Sex Education. This is taught in a sensitive and age-appropriate way. This content does not include detailed teaching about contraception. Parents have the right to request withdrawal from these lessons. All statutory content, including teaching about puberty and the changing adolescent body, remains compulsory.

## **6. Equality, Inclusion and Sensitivity**

Teaching complies with the Equality Act 2010, valuing all pupils regardless of protected characteristics. Lessons reflect diverse families, cultures, abilities and backgrounds. We promote mutual respect and challenge stereotyping and discriminatory attitudes. Through PSHE & RSE, the school promotes fundamental British Values including respect, tolerance, the rule of law and individual liberty.

## **7. Teaching and Learning**

Classrooms provide a safe space with clear ground rules. Teaching incorporates discussion, scenarios, retrieval practice, stories and reflection activities. Staff answer questions factually and age-appropriately. Sensitive questions may be addressed individually. Question boxes are used to allow anonymous questions.

## **8. Safeguarding**

PSHE & RSE is a key safeguarding mechanism. Staff follow KCSIE and DSL procedures. Teaching correct anatomical language supports safeguarding. External visitors are supervised and must adhere to the policy. Where pupils disclose concerns, staff notify the DSL immediately. This policy should be read alongside other key school policies, including:

- Safeguarding and Child Protection Policy
- Behaviour Policy
- Anti-Bullying Policy
- Online Safety Policy

PSHE & RSE contributes to the wider safeguarding and pastoral support systems within the school.

## **9. SEND and Accessibility**

All pupils, including those with SEND, access the full curriculum. Kapow's inclusive-by-design resources support differentiated teaching. Lessons may be scaffolded, simplified, or adapted to meet language, processing or sensory needs.

## **10. Assessment and Monitoring**

Teachers assess learning through discussion, quizzes, written outcomes and lesson reflection tasks. The PSHE lead monitors planning, teaching, books, pupil voice and progression to ensure consistency and impact. Governors receive updates as part of curriculum reporting. Progression is monitored over time to ensure pupils build knowledge, skills and understanding as they move through the school.

### **11. Working with Parents**

Parents are key partners. The school publishes PSHE & RSE overviews, responds to material access requests, and hosts information sessions. Parents receive advance notice of any Sex Education content and may request withdrawal.

### **12. Staff Training**

All teaching staff receive training, including Kapow CPD videos, leadership audits and webinars. Additional training is provided each year to ensure confidence in delivering sensitive topics and meeting updated guidance.

### **13. Roles and Responsibilities**

Governors approve the policy and monitor provision. The Headteacher ensures compliance. The PSHE/RSE Lead oversees planning, training, and monitoring. Teachers deliver lessons, adapt materials for pupil needs, and communicate with parents. The DSL ensures safeguarding compliance.

### **14. Right to Withdraw from Sex Education**

Parents may request in writing to withdraw their child from Sex Education (excluding statutory content). The Headteacher meets with parents to discuss the request and alternative arrangements.

### **15. Policy Availability**

This policy is available on the school website and upon request in accessible formats. This policy will be reviewed annually by the PSHE/RSE Lead and the governing body to ensure it remains up to date with statutory guidance and reflects the needs of the school community.

Next review date: