

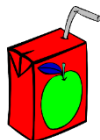
# Fairmeadows Foundation

## Primary School

### Week 1



|                    | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|--------------------|---|---|---|---|---|
| Daily Options      | <b>Sandwich Bag</b><br>Cheese<br>Cheese & Ham<br>Ham<br>Tuna Mayo<br><b>Jacket Potato</b><br>Cheese<br>Beans<br>Tuna Mayo | <b>Sandwich Bag</b><br>Cheese<br>Cheese & Ham<br>Ham<br>Tuna Mayo<br><b>Jacket Potato</b><br>Cheese<br>Beans<br>Tuna Mayo | <b>Sandwich Bag</b><br>Cheese<br>Cheese & Ham<br>Ham<br>Tuna Mayo<br><b>Jacket Potato</b><br>Cheese<br>Beans<br>Tuna Mayo | <b>Sandwich Bag</b><br>Cheese<br>Cheese & Ham<br>Ham<br>Tuna Mayo<br><b>Jacket Potato</b><br>Cheese<br>Beans<br>Tuna Mayo | <b>Sandwich Bag</b><br>Cheese<br>Cheese & Ham<br>Ham<br>Tuna Mayo<br><b>Jacket Potato</b><br>Cheese<br>Beans<br>Tuna Mayo |
| Main Choice        | <b>Beef Bolognaise</b><br>Pasta twists, garlic bread, & mixed vegetables  | <b>Sweet &amp; Sour Chicken</b><br>Rainbow rice & spring rolls  | <b>Turkey &amp; Stuffing</b><br>creamed potatoes, carrots, broccoli, peas & gravy   | <b>Beef/Cheese Burger</b><br>in a bun with potato chunks and salad  | <b>Sausage &amp; Chips</b><br>mushy peas/ beans/ curry sauce  |
| Vegetarian Choice  | <b>Vegetable Bolognaise</b><br>Pasta twists, garlic bread, & mixed vegetables   | <b>Vegetable Sweet &amp; Sour</b><br>Rainbow rice & spring rolls  | <b>Quorn Fillet</b><br>creamed potatoes, carrots, broccoli, peas & gravy  | <b>Vegetable Burger</b><br>in a bun with potato chunks and salad  | <b>Veggie Sausage</b><br>mushy peas/beans/curry sauce   |
| Pudding of the Day | Pancake<br>With chocolate or strawberry sauce   | Jam Scone   | Vanilla Sponge & Custard  | Chocolate Crispy Cake   | Flapjack  |



Every day there is a selection of fruit and drinks available for the children to choose.

