



South Derbyshire

ACTIVE
SCHOOLS
PARTNERSHIP

| ASP

Affiliation Handbook

2018/19



‘Your Non-profit Making PE, School Sport & Physical Activity Provider’

Foreword

Firstly, on behalf of the Management Group I would like to thank all of the partners who have assisted in delivering the high quality Partnership work to date and we look forward to continuing the close and effective working relationships into the new academic year of 2018— 19 and beyond. I would also like to thank all affiliated schools for their continued support and look forward to sustaining this partnership moving forward.

Following on from the previous great work which has taken place, I am sure that Physical Education, School Sport and Physical Activity within the new academic year will once again be welcomed with a huge amount of enthusiasm and energy at all schools across the district of South Derbyshire.

This year, as previously, will see further funding challenges which the Active Schools Partnership will meet head on, as a result of significant cuts in funding. This, along with operational funding cuts to schools, only adds to potential times of uncertainty and insecurity ahead. However, from a PE, School Sport and Physical Activity viewpoint, funding continues to look promising with the current doubling of the Primary Sports Premium being confirmed up until 2020. As a ASP affiliated School you will be able to evidence against the 5 key performance indicators of the premium and evidence this in your action plan.

Rough estimations that have been completed by a number of the management group members suggest that schools can recruit between £4200 - £6850 worth of service delivery for their annual affiliation. With funding cuts in place from this September, the fantastic work and infrastructure of the Active Schools Partnership is at present solely dependent on affiliation and additional service contributions in order to ensure we are able to continue to provide our students with a comprehensive PE, Physical Activity and School Sport offer. As the chair of the South Derbyshire Active Schools Partnership I urge all schools in South Derbyshire to continue to collectively support the Active Schools Partnership.

Richard Ormiston

Chair of South Derbyshire Active Schools Partnership

Co-Headteacher

Etwall Primary School

Meet The Team



Ian Gee

Active Schools Partnership Officer

ian.gee@south-derbys.gov.uk

01283 228751 / 07580 901946

Ian graduated from Leeds Beckett University in 2012 and joined the Active Schools Partnership in September 2013 from Balby Carr Community Sports College in Doncaster, South Yorkshire. Ian has been managing the Partnership since September 2014 and is currently undertaking a Masters Qualification in Physical Education & School Sport at University of Central Lancashire. Ian loves spending time with his 4 year old Son & Fiancé, is a devoted Arsenal Fan, F1 follower and still attempts to play Football at a weekend.

Lewis Cotton

Active Schools Partnership Activator

lewis.cotton@south-derbys.gov.uk

01283 595772 / 07989 140980

Lewis graduated from the University of Birmingham in 2014, joining the Active Schools Partnership in January 2015, following 5 previous years working for South Derbyshire District Council as a casual sports coach. Following graduation, Lewis had spells at both West Bromwich Albion FC and Nottingham Forest FC working in their respective medical departments. Lewis is a season ticket holder at Derby County, a keen cyclist and runner, and is also a devotee to many a music gig and festival.



Jacob Hunt

Active Schools Partnership Physical Education Specialist

Jacob Graduated from Staffordshire university in 2014 studying PE and Youth Sport Coaching, furthering his coaching skills working for South Derbyshire District Council within the sport and health team from 2014. Jacob has since completed a PGCE in Physical Education at the University of Wolverhampton. Jacob loves coaching and participating in many sports including Rugby, Football, Cricket, Boxing and fitness activities. A keen sports enthusiastic, Jacob has played rugby at county level and is a huge Leeds United Fan.

Rosie Port

Active Schools Partnership Physical Education Specialist

Rosie graduated from Loughborough University and went onto to be head of girls PE in a Secondary School alongside coaching National and Super League Netball Squads. After 3 decades in education, Rosie took early retirement in order to work for England Netball as East Midlands Regional Performance Coach. Her latest career move sees her take up her new role with us here in South Derbyshire. Rosie's interests include Films, Books, Dogs, Knitting and still playing a bit of netball with her local team.



Claire Clarke

Active Schools Partnership Physical Education Specialist

Claire graduated from the University of Wolverhampton to take up a role as Head of Dance within a PE Department and then progressed in her career to work overseas as a PE teacher for an outstanding International School in the United Arab Emirates. Claire repatriated back to the UK and recently took the role as Head of PE and Games for an independent prep school in Buckinghamshire which has then led her recent career move to work with us and the schools in South Derbyshire. Claire's interests include Yoga, Dance and enjoys time out in the countryside walking with her children.

Our Goal

'Making a Difference to Young People through Physical Education, School Sport & Physical Activity'

Our primary goal of the South Derbyshire Active Schools Partnership is to improve the lives of young people, by providing opportunities through Physical Education and Sport. We aim to provide this primary aim through a broad range of areas that are forged by the Derbyshire Active Schools Network (DASN) and outlined in the Active Young People Strategy (PESS) which was created by Derbyshire Sport. In addition to this, the Partnership is also steered by the Youth Sport Trust and the 4 key deliverables of the School Games programme. By combining these areas of governance, this formulates 6 main targets that help to steer our delivery strategy:

1. Increasing Engagement in Competitions & Festivals
2. Advocating & Supporting Delivery of High Quality Physical Education & School Sport
3. Increasing the Physical Activity Levels of Students
4. Supporting Workforce Development (Staff CPD, Student Leadership & Volunteers)
5. Signposting Students to Clubs & Community Links
6. Assisting with Talent Identification & Development

How ASP Affiliation Supports your PE & Sport Premium Evidencing

Now in its Seventh academic year, the PE & Sport Premium funding has been provided to ensure impact in against the following OBJECTIVE:

To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

Schools with 16 or fewer eligible pupils receive £1,000 per pupil. Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil.

It is expected that schools will see an improvement against the following 5 key indicators (as of July 2017):

1. The engagement of all pupils in regular physical activity – kick starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

The table below identifies how the variety of ASP programmes and provisions can help to evidence against the 5 KPIs of the premium:

Sports Premium KPI	ASP Provision
1 – Regular Physical Activity	Five60 / Bikeability / Bikeability Balance
2 – Raising profile of PE & School Sport	School Games Mark / KS1 Derbyshire SportMark PE Audit & School Sport Action Plan Support
3 – Upskilling of Workforce	PE Curriculum Workshops & School Sport Workshops / Active Champions & Mentor Training
4 – Broader range of Sports & Activities	Cricket Coaching / FUNdamentals Delivery / Bikeability / Bikeability Balance
5 – Regular Participation in Competitive School Sport	Competition & Events / Intra-School Competition Support



2017/18 at

Competitions & Events



78%
Of schools
attending 3
or more
events



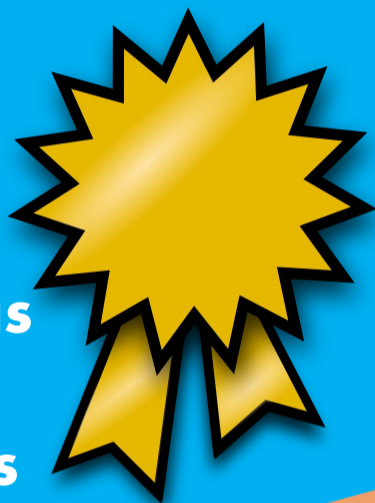
4
More competitive
opportunities for
KS1 children



3600+

Participations
in Level 2
competitions

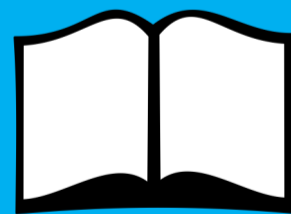
10
Schools
crowned as
district
champions



New
partnership
with Burton &
South
Derbyshire
College

227

Hours of
CPD Training
delivered



3
schools
received
Mini Leader
training



254
volunteering
hours
accumulated

Training & Leadership

Physical Activity



664

Participated in Level 1 & 2 Bikeability



488

Attended a 10 week Five60 Programme



11

Schools involved with the ASP PE & School Sport service



9

Competition to club links established



128

Pupils attended a Gifted & Talented development day



605

Participated in Bikeability Balance



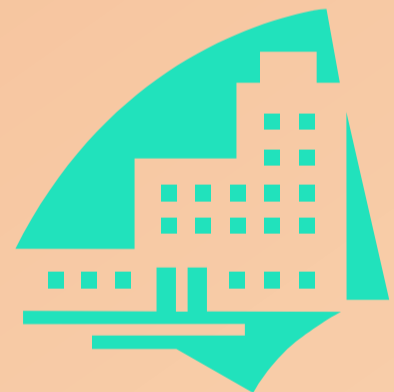
32

ASP affiliated schools



18

Successful School Games Mark Awards



7

Schools hosting ASP events

Active Schools Partnership Primary/Junior Package

ASP Governance

Enhanced School Games Mark Application & KS1 Derbyshire Sport Mark Support

The ASP will offer enhanced support to your School in the School Games Mark Application Process to ensure that you achieve the level of accreditation that you deserve.

Management Group

The Management Group helps steer and assists in the key decision making within the partnership and includes highly respected personnel within Education, Local Authority and National Governing Bodies. Meetings held at least 3 per Academic Year, 1 per term.

Booking Contact: Ian Gee South Derbyshire ASP ian.gee@south-derbys.gov.uk	School Entitlement:	1 initial meeting plus support thereafter
	Booking Deadline:	Friday 5 th July 2019
	Delivery Deadline:	End of Academic Year

Reporting to the Youth Sport Trust

Reporting submitted to the Youth Sport Trust 3 times per Academic Year, once per term.

PSSA Meetings

Meetings held with the network of PLT/PE Co-ordinators at least 3 per Academic Year to help shape the Competition Calendar and School Sport offer.

ASP Updates

Schools will receive regular updates and news of potential opportunities from the partnership and wider key partners via email and the ASP Newsletter on a termly basis.

PE, Sport and Health Create Development Wheel

Schools will have access to their own PE Sport and Health Create Development Wheel which is a self assessment, monitoring and evidencing tool which enables schools to audit both their Physical Education curriculum area and their Sports Premium action plan. This will allow schools to identify their engagement within PE, School Sport & Physical Activity in the form and can then be utilised when evidencing the impact of your Sports Premium, Ofsted inspections and School Governors meetings.

CPD & Up skilling Support

PE Audit & School Sport Action Plan Support

One of our staff will be on hand to meet with your PE Curriculum Lead to support in auditing your PE subject area and developing your School Sport Action Plan. This will make your School 'Ofsted ready' by maximising evidence of current provisions and interventions as well as determining any areas that require additional support in order to achieve sustainable improvement

Booking Contact: Ian Gee South Derbyshire ASP ian.gee@south-derbys.gov.uk	School Entitlement:	1 initial meeting. Further support if needed thereafter
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PE Curriculum & School Sport Workshops

Delivered through a network of highly trusted and experienced providers your School will be able to send up to 4 delegates to each of our PE & School Sport Curriculum based workshops that will upskill both the confidence and knowledge of your staff. Topics include:

- Specific Curriculum Areas e.g. Gymnastics / Dance / Orienteering
- 'She Rallies' Engaging Girls in Tennis
- KS1 Physical Literacy

Booking Contact: Ian Gee South Derbyshire ASP ian.gee@south-derbys.gov.uk	School Entitlement:	Up to 4 delegates at every workshop
	Booking Deadline:	A minimum of one week prior to the workshop
	Delivery Deadline:	<i>*dates to be released separately*</i>

- Making PE Inclusive to All (contact details below)

Booking Contact: Martin Mansell MJM Putting Ability First martinmansell@btinternet.com	School Entitlement:	Up to 4 delegates at every workshop
	Booking Deadline:	N/A
	Delivery Deadline:	<i>*dates to be agreed subject to School and Tutor availability*</i>

Competition & Events

School Games & South Derbyshire Competitions & Festivals

Access to the 2018/19 Competition Calendar that provides Level 2 Competition in the priority sports that are part of a County/National Competition Pathway along with additional Competitions and Festivals. The Calendar will consist of individual events that will for the first time engage every age group from Foundation through to Key Stage 2 making it the biggest and most comprehensive Calendar in history.

Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	*Please see Competitions and Events booklet for information*
	Booking Deadline:	
	Delivery Deadline:	

DSSA Affiliation

Your School will receive automatic affiliation to the Derbyshire School Sports Association that would cost £50.

Competition Plus School Games & South Derbyshire Competitions & Festivals

Access to the Competition Calendar that provides Level 2 SEND Competition in the Priority Sports that are part of a County/National Competition Pathway along with additional Competitions and Festivals.

Leadership & Workforce Development

Active Champions & Mentor Conference

With the new 30 minute Physical Activity expectation to be placed on Schools just around the corner, our 'Active Champions' & Mentor Conference will give Schools the opportunity to send students possessing leadership attributes along with appropriate mentors (Midday Supervisors, Teaching Assistants, Play Leaders, PE Apprentice, etc.) to kick-start your Schools daily physical activity offer and relay the important message & benefits of physical activity.

Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	*Please see Competitions and Events booklet for information*
	Booking Deadline:	
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Physical Activity & Health

KS2 Five60 Health Programme

A 6 week (1 hour per week) Health Intervention Programme that aims to increase levels of Physical Activity & promote Healthy Eating to students for the future.

Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	6 x 1 hour sessions
	Booking Deadline:	Friday 14 th December 2018
	Delivery Deadline:	To start by Monday 14th January 2019

Bikeability

Free delivery of the Bikeability programme to a full class of up to 24 Students in Year 5/6. Additional spaces are available at an additional cost. *Please note: this programme is heavily subsidised by external funding. Normal cost for this alone would be approximately £1200 per class of 30.

Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	1 class of up to 24 students
	Booking Deadline:	Friday 14 th December 2018
	Delivery Deadline:	Friday 5 th July 2019

Bikeability Balance (formerly Early Riders)

Our Bikeability Balance team will be on hand to provide delivery to up to 30 students in Foundation/Year 1 across 3 hours. Students crucial bike riding skills such as dynamic & static balance, spatial awareness and gross motor skills.

Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	1 class of up to 30 students
	Booking Deadline:	Friday 14 th December 2018
	Delivery Deadline:	Friday 22nd March 2019

Sports Coaching Delivery

Kwik Cricket Coaching

This year, as part of your ASP affiliation, the Derbyshire Cricket Board are offering Cricket Roadshows. These consist of a number of taster sessions plus an assembly visit from one of our coaches, all of which can be delivered around your schools availability. One of our main objectives is to get more children transitioned to cricket outside of school and accessing the strong network of community Cricket clubs within South Derbyshire.

Booking Contact: James Colton Derbyshire Cricket Board james.colton@dcbcricket.com	School Entitlement:	Minimum of 6 hours delivery
	Booking Deadline:	Friday 12th April 2019
	Delivery Deadline:	End of Academic Year

Table Tennis Coaching (First 8 Schools signing up to Primary Table Tennis Competition)

Booking Contact: Simon Price ASP Level 2 Table Tennis Coach simonp_54@hotmail.com	School Entitlement:	5 hours of delivery
	Booking Deadline:	Friday 25th May 2018
	Delivery Deadline:	End of Academic Year

The first 8 Schools that sign up to the Primary Table Tennis Competition will receive 5 hours of Coaching from our experienced Level 2 Coach to any Year Group of your choice. The Coaching will focus on Skill Development & Acquisition of essential Table Tennis skills.

Most Gifted & Talented Programme

Year 5 & 6 Students will be able to access our annual Gifted and Talented Programme where they will be in a position to receive advance Coaching as well as work along and compete with students of similar ability. The Gifted & Talented sessions include Football, Table Tennis and Cricket.

Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	*information to be sent out separately*
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Active Schools Partnership Infant Package

ASP Governance

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Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	3 x 1 hour sessions
	Booking Deadline:	Friday 14th December 2018
	Delivery Deadline:	Friday 22nd March 2019

Sports Coaching

Kwik Cricket Coaching

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Booking Contact: Lewis Cotton South Derbyshire ASP lewis.cotton@south-derbys.gov.uk	School Entitlement:	*information to be sent out separately*
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Active Schools Partnership

Additional Services

The ASP can provide further services or programmes at an additional cost.

Service or Programme	Requirements	Cost
<p>Bikeability Balance</p> <p><i>Bikeability Balance requires a minimum of 3 hours should no previous training has taken place. Training can be delivered as a bespoke service.</i></p>	<p>Maximum of 20 children at a time</p> <p>*Subject to staff availability</p>	<p>£65.00 per session</p> <p>£50.00 per hour thereafter</p>
<p>FUNDamentals & Multi-Skill Coaching</p> <p><i>Coaching can be provided based on functional movement skills, which can include jumping, travelling, throwing, catching and striking skills. Coaching can be delivered on its own or to supplement another programme</i></p>	<p>Maximum of 30 children in class</p>	<p>£30.00 per hour</p>
<p>Mini Leaders</p> <p><i>Bespoke training can be delivered to meet the needs of your school's use of playground leaders. A minimum of 2 hours training is required, which can be delivered across an afternoon.</i></p>	<p>Maximum of 30 children in class</p>	<p>£30.00 per hour</p>
<p>Five60 Health Programme</p> <p><i>Whether it be KS1 or KS2, our staff can deliver the Five60 Health Intervention Programme that is bespoke to meet the needs of your School and will increase levels of Physical Activity and also educate and promote Healthy Eating to students for the future.</i></p>	<p>Maximum of 30 children in class</p>	<p>£30.00 per hour</p>
<p>PE Equipment Audit</p> <p><i>An audit of your current PE and sport equipment, highlighting suggested areas to invest in.</i></p>	<p>Access to all PE and Sport stores</p>	<p>£100 per audit</p>



South Derbyshire Active Schools Partnership

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