

PSHE/Safeguarding Curriculum Map

Our curriculum covers all areas of Safeguarding through each of the strands to a different degree.

	Relationships		Living in the Wider World		Health and Wellbeing	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation 1	Feelings and Emotions Expressing feelings. Respond to feelings of others. Give comfort and support.	Healthy Relationships Know that words can hurt others. Play alongside others. Form friendships and initiate play.	Rights and Responsibilities Following rules and understanding the importance of these.	Money Know that money can be used to buy items. Shows an interest in numerals in the environment. Begin to use practical activities.	Healthy Lifestyles Variety of diet and healthy food. Need for physical activity. Washing hands.	Keeping Safe People who help us. Understand the need for safety and manage risks. Medicines.
Foundation 2	Healthy Relationships Know what a friend is. Understand that actions affect others. Begin to resolve conflict.	Valuing Difference Show interest in lives of familiar people. Talk about special times and events. Know that these can make us unique.	Rights and Responsibilities Take responsibility for just carrying out tasks. Understand the importance of rules, beginning to understand action and consequence.	Taking Care of our Environment Talk about environmental observations. Show care for living things and the environment.	Keeping Safe People who help us. Understand the need for safety and manage risks. Medicines.	Growing and Changing Animal lifecycles. Growing up and growing old.
Year 1	Feelings and Emotions People special to us. Bodies and feelings can be hurt. (Y1 B, E)	Healthy Relationships Play and work cooperatively, teasing and bullying. (Y1 G, J)	Rights and Responsibilities Groups that we belong to, following rules. (Y1 B, D)	Money Where it comes from, ways it can be used, managing money and keeping it safe. (Y1 F, G)	Healthy Lifestyles Physical activity, eating and sleeping. Hygiene. (YA, D)	Growing and Changing Changes. Anatomy. (Y1 F, G)
Year 2	Healthy Relationships Play and work cooperatively. Acceptable contact. (Y2, F, H)	Valuing Difference Identify and respect similarities and differences. Fair, unfair, right and wrong. (Y2 J, L)	Rights and Responsibilities Contribute to the life of the classroom, responsibilities and needs of others. (Y2 A, C)	Taking Care of our Environment Improving and harming local, natural and built environments. (Y2 E)	Keeping Safe Medicines and household products. Keeping themselves and others safe. (Y2 J, M)	Growing and Changing Independence. Reproduction, girls and boys. (Y2 G, H)
Year 3	Feelings and Emotions Secrets and confidentiality. Managing dares. (Y3 B, C)	Valuing Difference Bullying, aggressive behaviours, discrimination. (Y3 L)	Rights and Responsibilities Rules and laws, anti-social behaviour, media. (Y4 B, F, I)	Money Consumer, interest, loan, enterprising. (Y3 Q, R, S)	Healthy Lifestyles Informed choices. Balanced diet. Bacteria and viruses. (Y3 A, B, C)	Keeping Safe Protect body, unwanted contact, consent. People who help us. (Y3 H, J)
Year 4	Healthy Relationships Positive, healthy relationships, friends, conflict. Physical contact and body space. (Y4 D, E)	Healthy Relationships Different types of relationships, friends, families, civil partnerships and marriage. (Y4 I)	Rights and Responsibilities Human and children's rights, cultural practices, range of identities. (Y4 C, D, E, I)	Taking Care of our Environment Being part of a community, role of groups, resources. (Y4 M, N, P)	Keeping Safe Difference between risk, danger and hazard. People who help us, developing responsibility. (Y4 G, I)	Keeping Safe Protect body, unwanted contact, consent. Ask for help, resisting pressure. (Y3 H, Y4 H)
Year 5	Feelings and Emotions Secrets and confidentiality. Managing dares. (Y5 B, C)	Valuing Difference Bullying, aggressive behaviours, discrimination. Recognise and challenge stereotypes. (Y5 L, M)	Rights and Responsibilities Changing rules and laws, anti-social/prejudiced behaviour, media analysis. (Y5 B, F, I)	Money Personal finance, credit, debt, enterprising in the community. (Y5 P, Q, R)	Healthy Lifestyles Positive and negative effects of physical, emotional and mental health. (Y5 A)	Growing and Changing Puberty. Body image. (Y5 E, F)
Year 6	Healthy Relationships Positive, healthy relationships. Actions, consequences and peer pressure. Acceptable contact. (Y6 D, E, F)	Valuing Difference Marriage, civil partnerships, forced marriage, loving and supportive relationships. (Y6 J, K)	Rights and Responsibilities Human rights, cultural practices, mutual respect. (Y6 C, D, E, I)	Taking Care of our Environment Contributing to the community, groups, resource allocation. (Y6 K, L, O)	Keeping Safe Substances. Predicting and assessing risks, peer pressure. Increasing independence and responsibility for safety. (Y6 H, I, L)	Growing and Changing Human reproduction, body image. (Y6 E, F)