

The recent parent survey on Relationship and Sex Education (RSE) has provided valuable insights that will guide our efforts to support both students and parents more effectively. While the survey reveals that parents are generally supportive of the RSE curriculum, it also highlights a need for additional support for parents to feel confident discussing these topics at home. Based on the survey results, we will be taking the following actions:

Parent Workshops and Seminars: We will organise workshops and seminars specifically designed for parents to provide them with the knowledge and tools needed to discuss relationship and sex education topics confidently with their children. These sessions will cover age-appropriate content, effective communication strategies, and ways to answer common questions.

Enhanced Communication: To keep parents informed about the RSE curriculum and upcoming lessons, we will improve our communication channels. Regular updates through emails, newsletters, and the school's online portal will ensure parents are aware of what their children are learning and can reinforce these lessons at home.

Parent-Teacher Collaboration: We will encourage closer collaboration between parents and teachers by offering regular opportunities for parents to discuss the RSE curriculum with educators. This will include parent-teacher meetings and Q&A sessions where parents can voice their concerns and receive professional advice.

Online Resources and Webinars: Recognising the need for flexible access to information, we will create an online portal with resources, videos, and webinars that parents can access at their convenience. This will include expert talks and practical tips on how to approach sensitive topics with children.

Support Groups: We will establish support groups where parents can share experiences, discuss challenges, and provide mutual support in a safe and confidential environment. These groups will be facilitated by experienced professionals who can offer guidance and support.

Feedback: To ensure our initiatives are meeting parents' needs, we will implement a feedback mechanism where parents can regularly provide input on the RSE program and the support they are receiving. This will help us make continuous improvements based on their experiences and suggestions.

By implementing these actions, we aim to empower parents with the confidence and resources they need to effectively discuss relationship and sex education topics at home. Our goal is to create a supportive partnership between the school and parents, ensuring that students receive consistent and comprehensive education both in school and at home.